



# Medical Insurance Form

\* Required

## Contact Details

1. Full Name \*

*Ms. Jo Smyth*

2. Telephone \*

*02812345678*

3. Email Address \*

4. Home Address \*

Private Medical information

5. Date of Birth: \*

6. Height \*

*e.g., 5 ft 7 in or 1.65 m*

7. Male - Waist size / Female - Dress Size: \*

8. Weight \*

*10 st 10 lbs or 70 kg*

9. DO YOU CURRENTLY HAVE, OR HAVE HAD, ANY OF THE FOLLOWING: \*

Cancer,  
Leukaemia,  
Hodgkin's  
disease,  
Lymphoma  
brain or  
spinal

Yes

☐

Yes

No

☐

No

tumour?

Heart Disease  
(including  
heart attack,  
angina, heart  
defects from  
birth or heart  
surgery)?

☐☐

Blindness,  
blurred or  
disturbed  
vision not  
fully  
corrected by  
glasses or  
contact  
lenses, e.g.  
optic neuritis  
or glaucoma?

☐☐

Stroke, Brain  
Haemorrhage  
, PIA, Brain  
Tumour or  
injury?

☐☐

Multiple  
Sclerosis,  
optic or  
retrobulbar  
neuritis,  
Parkinson's  
disease,  
paralysis,  
epilepsy,  
Alzheimer's  
disease,  
dementia or  
cerebral  
palsy?

☐☐

Numbrness,  
loss of  
feeling,  
tingling,  
tremor or  
temporary  
loss of  
muscle  
power?

☐☐

Diabetes or  
sugar in the

Yes

☐

No

☐

urine?

Mental illness  
that has  
required  
treatment or  
referral to a  
psychiatrist?

)

☐

)

☐

## Health Habits

10. Have you recently lost or gained weight by more than 15 lbs / 7kg? \*

☐ Yes☐ No

11. If yes, by how much, over what length of time and for what reason?

12. How many times a week do you exercise for at least 30 minutes? \*

*Exercise is defined as any activity that causes an increase in body temperature, breathing and/or heart rate. Exercise can include sports like running or cycling or a lifestyle activity like a brisk walk or gardening.*

13. Which statement best describes your tobacco usage? \*

☐ Yes - I currently, or have in the past, used tobacco or nicotine products☐ No - I've never used tobacco or nicotine products

14. If yes, what do/did you smoke and, on average, how many do/did you smoke a day? If you longer smoke, how long ago was that?

15. Have you been banned from driving or been involved in a road traffic accident that was your fault in the last 5 years, or do you have any motoring prosecutions pending? \*

- ☐ Yes  
☐ No

16. Except in relation to your occupation, have you travelled on a motorcycle on the road in the last 12 months? \*

- ☐ Yes  
☐ No

17. On average how many units of alcohol do you drink per week? What is your normal alcoholic drink? \*

*1 unit = a single measure of spirits, 1 glass of wine, or a half-pint of beer*

18. Have you ever been advised to reduce your drinking on medical grounds? \*

- ☐ Yes  
☐ No

19. Have you ever taken non-prescription drugs? \*

*e.g. heroin, ecstasy, cocaine*

- ☐ Yes  
☐ No

20. Have you lived or worked outside of the UK for more than 3 months in the last 5 years, or do you intend to do so in the next 12 months? \*

- ☐ Yes  
☐ No

21. Have you ever tested positive for HIV, Hepatitis B or C, or are awaiting the results of such a test? \*

- ☐ Yes  
☐ No

22. Within the last 5 years have you been exposed to the risk of HIV infection? \*

*HIV can be caught through unsafe sex, intravenous drug abuse, blood transfusions undertaken outside the EU/UK or surgery taken outside the EU/UK. If the result is negative, the fact of having an HIV test will not in itself have any effect on your application terms for insurance.*

- ☐ Yes  
☐ No

Hobbies / Past Times

Recent Medical Information

23. Do you intend to take part in hazardous activities or sports? \*  
*e.g., motor sport, mountaineering, diving or aviation*

- ☐ Yes
- ☐ No

24. If yes, please detail below

25. IN THE LAST 5 YEARS HAVE YOU HAD ANY OF THE FOLLOWING \*

|                                                                                                                                       | Yes                   | No                    |
|---------------------------------------------------------------------------------------------------------------------------------------|-----------------------|-----------------------|
| A mole or freckle that has bled, caused pain or changed in appearance or any lump or growth?                                          | <input type="radio"/> | <input type="radio"/> |
| Chest pain, irregular heartbeat, raised blood pressure or raised cholesterol?                                                         | <input type="radio"/> | <input type="radio"/> |
| Asthma, bronchitis, or any other respiratory disorder?                                                                                | <input type="radio"/> | <input type="radio"/> |
| Deafness or any ear problem?                                                                                                          | <input type="radio"/> | <input type="radio"/> |
| Seizures, fits, fainting or blackouts?                                                                                                | <input type="radio"/> | <input type="radio"/> |
| Any disorder of the eyes or ears, including blurred or double vision, or impaired hearing (You can ignore sight problems corrected by | <input type="radio"/> | <input type="radio"/> |

corrected by  
glasses or  
contact  
lenses)?

Arthritis, back pain, sciatica, neck, knee or wrist pain or any other joint, bone or muscle disorder (including RSI)?

Any disorder of the digestive system, liver, stomach, pancreas or bowel (including ulcers, hepatitis, colitis, or Crohn's disease)?

Any blood disorders?

Any thyroid disorders?

Any disorder of the kidney, bladder or genitourinary system (including urinary tract infections and blood or protein in the urine)?

Any  
gynecological  
disorders:  
abnormal  
smear test,  
etc?

## Prostate enlargement?

Depression,  
anxiety,  
stress, fatigue  
or nervous  
breakdown?

Any skin disorder or allergy?

Have you ever had (or been advised to have) any medical investigation, scan, test or attended hospital in the last 5 years?

Are you awaiting any medical consultation, check-up, investigation, scans or tests?

Have you ever undergone any surgical procedure outside the EU/UK or been a recipient of blood products outside the EU/UK?

Yes

$$\frac{O}{N}$$

26. Other than consultations to do with the above points, have you had a medical consultation in the last 12 months? \*

*e.g., Doctor, Consultant, Psychiatrist, Hospital, Clinic Osteopath. You do not need to give details of occasional consultations with your GP for just colds or flu, or for consultations for oral contraceptive pills, smear tests, well woman/man check-ups where the results are normal.*

27. If you answered 'Yes' to any of the above questions, please outline the details for each condition, giving the following information, if applicable.

*Name of Condition. Date First Occurred. Date Last Occurred. Details of any prescribed treatment or medication? Have you fully recovered? When was your most recent time off work relating to above condition? Are you receiving treatment for this condition? Will you have to have any operation / treatment in the future related to this condition? If so, can you specify the dates this is to occur?*

Family Medical History

28. Have either of your natural parents, brothers or sisters been diagnosed with or died before the age of 65 from any of the following? \*

|                                | Yes                   | No                    |
|--------------------------------|-----------------------|-----------------------|
| Cancer?                        | <input type="radio"/> | <input type="radio"/> |
| Heart Disease?                 | <input type="radio"/> | <input type="radio"/> |
| Stroke?                        | <input type="radio"/> | <input type="radio"/> |
| Diabetes?                      | <input type="radio"/> | <input type="radio"/> |
| Multiple Sclerosis?            | <input type="radio"/> | <input type="radio"/> |
| Huntington's Disease?          | <input type="radio"/> | <input type="radio"/> |
| Polycystic Kidney disease?     | <input type="radio"/> | <input type="radio"/> |
| Polyposis of the colon?        | <input type="radio"/> | <input type="radio"/> |
| Alzheimer's?                   | <input type="radio"/> | <input type="radio"/> |
| Parkinson's Disease?           | <input type="radio"/> | <input type="radio"/> |
| Any other hereditary disorder? | <input type="radio"/> | <input type="radio"/> |

29. If you answered "Yes" to any of the questions in this section, please provide details below.

*Please list Family Member (Father, Mother, etc.), their condition and age they were diagnosed*

Your Occupation

30. What is your occupation? \*

31. What is your Salary? \*

32. How long do you receive sick pay from your employer? \*

33. How much sick pay do you receive? \*

34. DOES YOUR OCCUPATION INVOLVE ANY OF THE FOLLOWING \*

|                                               | Yes                   | No                    |
|-----------------------------------------------|-----------------------|-----------------------|
| Working underground ?                         | <input type="radio"/> | <input type="radio"/> |
| Working offshore? i.e., oil or gas industry   | <input type="radio"/> | <input type="radio"/> |
| Armed Forces?                                 | <input type="radio"/> | <input type="radio"/> |
| Working underwater?                           | <input type="radio"/> | <input type="radio"/> |
| Working with explosives or firearms?          | <input type="radio"/> | <input type="radio"/> |
| Professional Sports?                          | <input type="radio"/> | <input type="radio"/> |
| Aviation (except as a fare paying passenger)? | <input type="radio"/> | <input type="radio"/> |

35. Do you work at heights over 10 feet? If so, what is the highest and average height you work at, and how often? \*

36. What percentage of time would you say you spend doing manual work? \*

37. What percentage of time would you say you spend driving? \*

38. How many business miles do you travel per year? \*

39. How many hours do you work per week? \*

40. Are you currently absent from work? \*

☐ Yes

☐ No

41. How many times have you been off work because of illness, an accident, or unemployment, for more than 2 weeks, in the last 5 years? \*

42. Do you have a second job? \*

☐ Yes

☐ No

## Second Occupation

43. What is your second occupation?

44. What percentage of time would you say you spend doing manual work in your second job?

45. How many business miles do you travel per year in your second job?

46. How many hours do you work per week in your second job?

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